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# July 12, 2016

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The rain tank is full again and we are enjoying the savings of watering without city water. Both chickens and pigs were sent to the butcher on Monday! All chicken cuts will be back in stock beginning this weekend. Some of the pork including bacon may be available as early as this weekend as well! Cucumbers and tomatoes abound, so be sure to stop by soon.

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## Zucchini Sausage Squares

12 oz. Bonnie View Sausage

¾ cup onion, finely chopped

2 cloves garlic, minced

4 Bonnie View Eggs

2 large zucchini, grated (we have a small supply for purchasing)

½ cup grated Parmesan cheese

½ cup bread crumbs

1 tsp. dried basil

Salt and pepper, to taste

1 up cheddar cheese, grated

Sweat zucchini with 2 tsp salt in a colander for at least 5 min and squeeze out excess liquid. Preheat oven to 375 degrees. Sauté the sausage, onion and garlic until the sausage is cooked. Drain. Beat the eggs, then stir in the zucchini, Parmesan, bread crumbs, seasoning and sausage. Pour into a greased 11-by-7 inch baking dish and bake for 25 minutes. Sprinkle grated cheddar on top and bake for 15 more minutes.



Cucumbers climbing to the top of the hoop structure

## Highlights

**New Pricing** Check out our website for details

**Whole Chickens and cuts** back in stock

**New pork items**

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## Important Announcements

**Whole frozen chickens and all cuts** back in stock July 16<sup>th</sup>

**New Pork items:**

**Fresh Smoked Sausage**

**Fresh Brats (no Nitrite/nitrate)**

**Deli sliced ham (Himalayan salt cure; no nitrite/nitrate)**

**Smoked pulled pork**

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# New Pork Items- deli sliced ham, pulled pork, fresh smoked sausage, and fresh brats

We are excited to announce the soon arrival of 2 new pork sausages without nitrites/nitrates or MSG. Be sure to come by and try both the fresh smoked sausage and fresh brats. If you are like me and get behind occasionally, 😊 be sure to pick up some of our deli sliced ham or pulled pork. As with our ham and ham steaks, the deli ham is cured with the same Himalayan salt and sugar and therefore free of nitrite and nitrates. Also fully cooked, the pulled pork is smoked without any other seasoning. You can simply add salt while warming, or get creative adding other seasonings or sauces.

## Cultivate KC Urban Grown Tour Fun

We met many new folks while participating in the Urban Grown Tour. The pictures below capture some of the memories.



Having Fun with the Goats



Tour guests mingling outside the store



This little piggy wants to stay in the shade



Heading out to tour the farm